

# KNOW AFIB

Atrial Fibrillation (AFib) is a common type of irregular heartbeat, also known as arrhythmia. With AFib, a clot can form in the chamber of the heart and travel to the brain.

This can lead to a potentially devastating thromboembolic stroke. Know the risk factors. Know the signs and symptoms. Take action to keep life flowing.



WORLD THROMBOSIS DAY  
13 OCTOBER

#KEEPLIFEFLOWING

## YOUR HEART IS A WELL-TIMED MACHINE

that pumps blood throughout your entire body. When that pump isn't working properly, your heartbeat can become irregular, possibly creating clogs and blockages in your system, which could lead to blood clots and strokes. Knowing the facts about AFib can help keep your system flowing.



People who are over age 60 or who have congestive heart failure, hypertension, previous strokes or diabetes are at

## INCREASED RISK FOR AFIB.



## EVERY YEAR, PEOPLE WITH AFIB

are estimated to account for



of the 15 million strokes that occur worldwide.

## People with AFib may not have any SIGNS & SYMPTOMS.

Others may experience irregular heartbeat, heart palpitations, lightheadedness, fatigue, shortness of breath and chest pain.

## BEING PROACTIVE CAN REDUCE YOUR RISK

for thromboembolic stroke. Ask your health professional if you are at risk and get evaluated for AFib. Ask them to feel your pulse.



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